

1985 Region 4AA Boys Championship at Stillwater on Thursday May 30 & Saturday, June 1

Teams: Mounds View 91, Stillwater 91, Forest Lake 61, Blaine 54, White Bear Lake 43, Coon Rapids 37, Irondale 28, Anoka 27, Elk River 19, Columbia Heights 18, Centennial 16, Hill-Murray 16, Spring Lake Park 12, Tartan 12, North St. Paul 2.

100

- 1 Jeff Pommier, FL 11.1
- 2 Ken Dahlen, Still 11.1
- 3 Paul Hamilton, CR 11.2
- t4 Gary Trttel, MV 11.2
- t4 Tom Drompp, Still 11.2
- 6 Gunning, Still 11.3

200

- 1 Aaron Oden, Still 22.4
- 2 Jeff Pommier, FL 22.5
- 3 Jamie Shea, CH 23.1
- 4 Jim Gustafson, WBL 23.1
- 5 Zak McRunnels, Iron 23.4
- 6 Paul Hamilton, CR 23.8

400

- 1 Joe Regnier, WBL 50.3
- 2 Joe Krekelberg, Blai 51.0
- 3 Jeff Lang, CH 51.2
- 4 Pat Arney, Still 51.4
- 5 Jamie Shea, CH 51.6
- 6 Kevin Schoolmester, ER 51.8

800

- 1 Ben Osmond, Iron 1:57.4
- 2 Rich Forster, FL 1:57.5
- 3 Jon Frank, Iron 1:58.6
- 4 Rick Haselman, Tart 1:58.7
- 5 Fowler, NSP 1:59.0
- 6 Kraig Lobash, CR 1:59.3

1600

- 1 Jeff Taylor, MV 4:16.9
- 2 Mike Brown, Still 4:16.9
- 3 Dave Sjogren, MV 4:22.1
- 4 Rob Seidenkranz, Iron 4:29.2
- 5 Rick Haselman, Tart 4:29.3
- 6 Jim Shope, Blai 4:30.0

3200

- 1 Jeff Taylor, MV 9:19.4
- 2 Glen Anderson, MV 9:30.4
- 3 Mike Brown, Still 9:38.2
- 4 Erick Paulsrud, Still 9:40.2
- 5 Rick Jones, MV 9:49.8
- 6 Rob Seidenkranz, Iron 9:55.7

110 High Hurdles (39")

- 1 Dan Feely, Still 14.7
- 2 Jim Gustafson, WBL 14.9
- 3 Dallas Kaiser, CR 14.9
- 4 Mike Severin, MV 15.0
- 5 Mark Stewart, MV 15.0
- 6 Scott Hedstrom, CH 15.2

300 Intermediate Hurdles (36")

- 1 Dallas Kaiser, CR 39.4
- 2 Dan Feely, Still 39.9
- 3 Mike Severin, MV 40.3
- 4 Steve Schachel, Blai 40.5
- 5 Mark Breyen, CR 41.2
- 6 Tom Blake, Iron 41.7

4x100 Relay

- 1 Anoka 43.2
- 2 Forest Lake 43.4
- 3 Coon Rapids 43.6
- 4 Stillwater 43.7
- 5 Mounds View 43.8
- 6 White Bear Lake 43.9

Sprint Medley Relay

- 1 White Bear Lake 3:33.1
- 2 Forest Lake 3:33.2
- 3 Stillwater 3:33.2
- 4 Mounds View 3:37.0
- 5 Blaine 3:40.7
- 6 Elk River 3:41.9

4x400 Relay

- 1 White Bear Lake 3:23.9
- 2 Blaine 3:24.8
- 3 Stillwater 3:26.7
- 4 Mounds View 3:26.9
- 5 Forest Lake 3:31.4
- 6 Columbia Heights 3:31.9

* Ties Meet Record

** New Meet Record

Shot Put

- 1 Jim Nelson, Still 54-2.75
- 2 Kevin Oleen, Blai 54-1.5
- 3 Greg Paffel, ER 52-8.25
- 4 Dennis Ryan, H-M 49-9.75
- 5 Bill Bray, CR 49-7.75
- 6 Kevin Froelich, Ano 49-6

Discus Throw

- 1 Peder Knutsen, MV 153-6
- 2 Greg Paffel, ER 143-1
- 3 Jim Stallock, Cent 142-3
- 4 Pat Schwartz, Iron 141-5
- 5 Dennis Ryan, H-M 138-5
- 6 Tony Miller, MV 135-2

Long Jump

- 1 Brian Trombley, Anoka 22-4
- 2 Bob Cich, SpLkPk 21-3.5
- 3 Jeff Esler, Blaine 20-9
- 4 Stacy Hebb, FL 20-5
- 5 Chad Krick, Cent 20-4
- 6 Mark Stewart, MV 20-1.5

High Jump

- 1 Mike Deranek, H-M 6-7
- 2 Chad Krick, Cent 6-5.5
- 3 Mike Berndt, Blai 6-5.5
- 4 J.R. Slusher, Still 6-2
- 5 Jeff Wirtz, Blain 6-2
- 6 George Harvey, FL 6-2

Pole Vault

- 1 John Amrhein, FL 14-0
- 2 Mike Eng, MV 13-1.25
- 3 Don Barnes, Tart 13-1.25
- 4 Thai Hong, CR 12-6
- 5 Dan Zahler, ER 12-6
- 6 Eric Olson, CH 12-6

Triple Jump

- 1 Mark Stewart, MV 45-8
- 2 Jeff Esler, Blaine 44-9
- 3 Brian Trombley, Anoka 44-3
- 4 Bob Cich, SpLkPk 43-8.5
- 5 Stacy Hebb, FL 43-1
- 6 Scott Hedstrom, CH 42-4.5

Notes: Mounds View was coached by Bob Stewart and Stillwater was coached by Scott Christensen.